

Eye Chat Weekly.

Issue 380 – Friday 13th February 2026



Welcome to this week's quick update giving you news, views and information. Contact Jo or Jill in the office, to offer us your article, or you can email admin@buryblindsociety.org

February is **AMD/LOW VISION AWARENESS MONTH**. At Bury Blind Society, we're proud to support people living with sight loss through practical advice, emotional support, and opportunities to stay connected and confident.

Together, we can raise awareness, promote inclusion, and ensure no one faces sight loss alone.

Shrove Tuesday is this week 17th February. Pancake making can be safe and enjoyable with a few simple tips. Using tactile markers, talking scales or jugs with raised markings can help when measuring ingredients. Pour slowly and keep your workspace clear and organised.

When cooking, make sure the pan is centred on the hob with the handle turned inwards. A long-handled spatula helps keep hands away from the heat, and turning pancakes gently instead of flipping can feel more controlled. Listening to the sizzle can also help you judge when it's time to turn.

Take your time, enjoy the process and don't worry about perfection — it's all part of the fun!

Wetherspoons permits Guide Dogs into its pubs, but you must provide your dog's ID – if you need a copy of your dog's ID contact Guide Dogs on 0800 781 1444

Events Coming Up:

Love at First Serve Showdown – Don't forget tomorrow - Saturday 14th February 11am – 3pm at the centre. Free to attend, come and have a go at our Showdown table, enjoy a brew and homemade cakes and browse our book and craft stall.

Monthly Book Club: Saturday 21st February 11am-12.30pm at the Centre.

Diary Notes:

Friday 6th March Radcliffe Rotary Quiz, we'll be looking to recruit a BBS team – put your thinking caps on and join us for a fun filled night.

Sunday 8th March St John's Tottington 'Trash & Treasure' – pop to see our stall and buy some of our amazing treasures.... Definitely no trash from us!

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Wednesday 11th March - We're delighted to announce Sean Aldridge, a Director from the Wills and Probate team at WHN Solicitors will be visiting the centre to give an informal talk. He will be covering wills and powers of attorney, offering clear, practical advice on how these important documents can give you and your loved one's peace of mind. Book your place via the Centre.

Thursday 12th March 7pm for 7.30pm, **BBS On Tour 2.0**. The Met is in for a treat again.... BBS are back and we're bigger and better. Tickets on sale now from The Met for £12 pp includes booking fee.

Monday 16th March 7pm Mayoral Charity Curry Night at Armaan, Radcliffe, M26 1AQ. £15 for VI and £20 for sighted guests. To be booked and paid for by Friday 27th February – speak to reception, book your place asap as spaces are limited. If you're not on the list!!!!

This week in the Centre:

Monday 16th February - Morning Drop in 10.30am-12.30pm come for a cup of tea/coffee and a chat. Always a warm welcome. **1.15pm-2.30pm:**

Music Buddies – Great afternoon of singing, playing instruments and generally having a good time while staying in tune!!!

6pm – 8.30pm Showdown Let's get some skills so we can take on some local teams soon.

Tuesday 17th February: Phoenix Footcare: Give your feet a treat. Book via the office. **10 Pin Bowling:** As it's half term the group are meeting at the centre from 10.30am onwards and trying their hand with our Showdown Table! All welcome £2.00 subs include a brew!

Wednesday 18th February: Low Vision Aid Clinic: appointment only.

Referrals via the office or ring 0300 323 3316. **10.30am – 11.45am**

Breakfast Drop In with Mags – 1.30pm – 3pm Macular Group Meeting chat with people who have the condition, hints, tips and lots of support.

Thursday 19th February: 10.30am – 12.00pm: Drop-In & Thursday

Crossword Club: Fancy a challenge? Pop along to our Thursday Crossword Club with John and Mags. Whether you're a crossword whizz or just enjoy having a go, it's all about teamwork, conversation and keeping minds active.

1.30pm – 3.00pm: Jane Lees, Age UK Bury Cluster: Always a good biscuit selection available so come over and dunk some in a good cup of tea! **Showdown 6pm – 8.30pm** Great fast paced fun.

Friday 20th February: Lunch Club 11.30am-2.00pm: Mixed Veg Soup and Tuna Mayo Sandwiches. Book your place with reception before 11am Thursday.