

Eye Chat Weekly.

Issue 409 – Friday 18th September 2026



Welcome to this week's quick update, bringing you news, views and useful information. Contact Jo or Jill in the office if you have an article to share, or email admin@buryblindsociety.org

This week's news:

It's here! This Sunday, starting at 9.30am on The Rock, come and cheer Peter and 'Cowboy Michael' on as they run the Bury 10K raising funds for BBS! It's not too late to sponsor our brave runners – link via our website or in person at the Centre.

If running isn't your favourite, don't forget, we have a number of activities you can join throughout Sports September.

- Every Tuesday morning, 11.00am at The Hollywood Bowling. Join our team for 10 Pin Bowling fun. Book via the office.
- Tuesday 29th September: Come and try Showdown, the new exciting tabletop sport, with taster sessions from 12.30pm, plus refreshments! Sighted and non-sighted welcome. Come along and have a go – you might discover your hidden sporting talent!
- Wednesday mornings, 10.30am join Carole and Mags for a relaxing 10-minute chair-based Tai Chi session, followed by a well-earned brew.
- Friday mornings, 1.30pm. Walk & Talk with Jo and Jill. A gentle 15-minute walk around the block. A chance to stretch your legs, have a chat and walk off that Friday lunch!

Wednesday 23rd September, 6 for 6.30pm: Bury Grammar are holding a concert featuring the Band of the Grenadier Guards in full uniform. Please let us know if you are going to this event so we can inform Bury Grammar for allocation of seats.

Skipton Building Society giving scheme is still running for anyone who is able to pop in and vote for us. You don't need to be a customer. We have until Friday 2nd October to pop a token in the box for BBS.

Vision 50 Challenge: It's that time of the year - we're holding our static bike challenge again! This year we're aiming for 50 miles per day! Starting on **Monday 5th October** in the Centre, the Mayor will be launching the week at 11am. We're then off to Tesco Bury, Asda Pilsworth and the Millgate

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throughout the week – just turn up or put your name down on Volunteers Board in the Centre. We need all the help we can get!

AGM, Pergola and new name!! You're warmly invited to join us at Bury Blind Society Centre on **Thursday 8 October 2026**, from 6pm to 8pm, for the official opening of our garden pergola and the exciting reveal of our new trading name! The ceremony will follow our formal AGM, which begins at 6pm and is open to everyone. We'll round off the evening with a light buffet and refreshments for all to enjoy.

Activities in the Centre this week –19th September – 25th September.

Saturday: Book Club 11am – 12.30pm

Monday: Centre open 10am – 4pm

- **10am- 12.30pm:** Morning Drop In
- **1.30pm - 3pm:** Music Group with Mags
- **6pm – 8.30pm:** Showdown training

Tuesday: Centre closed, appointments only.

- **9am – 3pm:** Foot Clinic
- **11am:** 10 Pin Bowling: All welcome £2.00 per game. Meet at the centre 10.30am or at Hollywood Bowl 11am.

Wednesday: Centre open 10am–4pm

- **9am-3pm:** Low Vision Aid Clinic: appointment only.
- **10.30am – 12pm:** Breakfast Drop In & Gentle chair-based Tai Chi
- **1.30pm – 3pm:** Glaucoma Group

Thursday: Centre open 10am–4pm

- **10.30am – 12.00pm:** Crossword Club
- **1.30pm – 3pm:** Age UK Bury Cluster Group Tea and chatter
- **6pm – 8.30pm:** Showdown open play.

Friday: Centre open 10am–4pm

- **Lunch Club: 11.30am – 2pm.** Lasagne & Garlic Bread with Salad followed by Trifle
- **Walk & Talk: 1.30pm** – a gentle walk around the block with Jill and Joanne.

Please contact the Centre to book any BBS activities or to ask for further information.